

BLUE PENGUIN CLASS ACTIVITY



face say?“

Moral Value: Empathy

Country: Lithuania

Activity Name: Photography exhibition „What does your

Resources needed: Kid`s photos with emotions

<p>What will I teach the children?</p>	<p>To recognize emotion and to name it; Empathize and understand different situations, to analyse someone reaction; To develop critical thinking and ability to solve the problem;</p>
<p>How do I set up the activity?</p>	<p>Photography exhibition was organized „What does your face say?“ in photography were kids with different moods and face expressions, captured the moment of a feeling or emotion. It was a great conversation starter about body language and facial expressions.</p>
<p>What do the children do?</p>	<p>Photography exhibition is a great conversation starter about body language and facial expressions. Children were looking at photos of themselves and others, talked about what they saw: what kind of emotion and why they felt that way, what happened, what are the happy moments and what are the sad ones, when they are angry and lost. Trying to feel the situation and answer the questions „What if...“</p>
<p>What will I see?</p>	<p>We will see Children`s inner world and how they understand feelings and emotions. How they can manage to deal with problems and to find the answer in difficult situation. Ability to hear what others want to say. Helps to see from kid`s perspective.</p>



BLUE PENGUIN CLASS ACTIVITY



Moral Value: Empathy

Country: Lithuania

Activity Name: Time for reading „My book is my value chest“

Resources needed: Books

What will I teach the child?

In today's world, children are bombarded with conflicting, ever-shifting standards of morality. At the same time, we are trying to teach and instill good values. Fortunately, a really great book has the power to counterbalance these outside influences and teach children important lessons as they grow.

Books list to teach moral values:

1. Sven Nordqvist „Nelaimingas Petsonas“

2. Rob Scotton „Katinėlis Juodis. Geriausia dovana mamytei ir tėveliui“
3. Rob Scotton „Baikštuolis Juodis“
4. Rob Scotton „Linksmų Kalėdų , Juodi“
5. Rob Scotton „Katinėlis Juodis. Krisk, sniegeli!“
6. Rob Scotton „Katinėlis Juodis. Kai nesiseka dainuoti“
7. Tuula Korolainen „Katulis ir pykčio maišelis“
8. David Mckee „Elmeris“
9. David Mckee „Elmerio nuotykių“
10. Petr Horaček „Blue penguin“ (Mėlynas pingvinas)
11. Jurga Baltrukonytė „Filmukai“
12. Ciara Flood „Įkyrūs triušukai“
13. Rolandas Dabriukas „Aš kitoks“
14. Carmen Gil „Narsuoliai irgi bijo“
15. Eleni Zabini Susanne Lütje „Geriausia pasaulyje Mamytė“
16. Eleni Zabini Susanne Lütje „Geriausias pasaulyje Tėvelis!“
17. Monika Domeikienė „Kitoks pasaulis, arba mergaitė, kuri buvo laiminga“
18. Anna Llenas „Spalvų monstriukas“
19. Marius Marcinkevičius Aušra Kiudulaitė „Draugystė ant straublio galo“
20. Emma Yarlett „Orionas ir tamsa“
21. Noelia Blanco „Malūnų slėnis“
22. Lina Žutautė „Kakė Makė ir supertėčio diena“
23. Louise L. Hay, Dan Olmos „Pamokančios Lilės istorijos“
24. Nuria Roca „Nuo nevilties iki laimės. Jausmai“
25. Dr. Dawn Huebner „Ką daryti, kai pyksti“
26. Dr. Dawn Huebner „Ką daryti, kai jaudiniesi per stipriai“
27. Dr. Dawn Huebner „Ką daryti, kai bijai suklysti“
28. Stanislovas Abromavičius „Dešimt ačiū“
29. Natalija Čub „Mandagumo abėcėlė“
30. Jo Witek Christine Roussey „Širdelėje mano“
31. Deborah Underwood „Tylieji knygelė“
32. Trace Moroney „Kai jaučiuosi liūdnas“
33. Trace Moroney „Kai jaučiuosi mylimas“
34. Trace Moroney „Kai jaučiuosi vienišas“
35. Trace Moroney „Kai jaučiuosi geras“
36. Trace Moroney „Kodėl man patinka miego metas“
37. Trace Moroney „Kodėl myliu savo šeimą“

<p>How do I set up the activity?</p>	<p>Moral values education using children's literature - searching for the answers to the greatest question: Is someone look so important for friendship? Is it bad to be different? How could you make others happy? How does it feel to make something good? It might be a book on kindness after child experienced or witnessed cruelty. It might be a book on expressing emotions after child saw or heard scary news coverage, or maybe a book on understanding differences after your child saw someone who looked differently than they do.</p>
<p>What does the child do?</p>	<p>Children will listen the stories and try to understand and explain how small acts of kindness, respect and ect. help and please others, help children process, clarify, and put a name to their and others feelings.</p>
<p>What will I see?</p>	<p>We will see how is changing children behaviour, them understanding. Children may have difficulty naming their emotions, but find it easier to identify with a character in a book. Books will open up children's eyes to experiences they have never imagined, to discover places they have never been to, and to feelings their heart has not yet felt.</p>



BLUE PENGUIN CLASS ACTIVITY



Moral Value: Self-expression

Country: Lithuania

Activity Name: Music activity „Inspired by music“

Resources needed: music records, art resources

<p>What will I teach the children?</p>	<p>To be emotionally charged by music can be an incredibly effective way to express ourselves and cope with challenging life circumstances. This activities aim is to show the way of self-expression.</p>
<p>How do I set up the activity?</p>	<p>For this activity we connected music and drawing - most used art forms in kid`s daily activity. Children will learn to listen attentively, to name the mood of music and get in to the music world. It is important to carefully choose music records and to ask them to choose their own music. To prepare space and art resources for paintings.</p>
<p>What do the children do?</p>	<p>Task for kids was: to listen, to feel the music mood, to meditate, to transfer emotions on the paper using colors, points, lines, circles or particular objects. At first kids were listening classic music (tone of minor) and had to tell what are they are feeling, all feelings had to transfer in to paper using colors or pants, later to change to tone major and paint again. For the end kids chose their own music (e.g. Rihanna) and a way of expression.</p>
<p>What will I see?</p>	<p>We will see children ability to listen and feel music. How their acting and how their feelings are changing. What there are feeling know.</p>



BLUE PENGUIN CLASS ACTIVITY



Feelings“

Moral Value: Self control

Country: Lithuania

Activity Name: Performance for children „The Castle of

Resources needed: story „The Castle of Feelings“, big paper castle, paper story characters, friendship bracelets, art resources, paper (brick size):

<p>What will I teach the children?</p>	<p>To recognize emotion and to name it; Empathize and understand different situations;</p>
<p>How do I set up the activity?</p>	<p>To read a story „The Castle of Feelings“ and to perform kids with paper story characters. It is a story about a boy who has a lot of anger, and doesn` t know what to do with it. Grandpa Understanding takes him to the Castle of Feelings, where he meets Joy, Truth, Faith, Justice, Sadness, Longing, Happiness and learns his lesson about friendship and Love.</p>
<p>What do the children do?</p>	<p>Kids will watch the play about emotions. Later they will made the Castle of their drawings, pained with feelings and happy moments (paper bricks). After performance the greatest gift was - friendship bracelet.</p>
<p>What will I see?</p>	<p>How kids understand that is a „feeling“, how much do they know about it. We will how can children to name the emotion and describe what he fells more than one word.</p>



BLUE PENGUIN CLASS ACTIVITY



Moral Value: Self respect

Country: Lithuania

Activity Name: A story about Blue Penguin

Resources needed: A book The Blue Penguin (also PDF format), blue penguin made from wool, little figures of blue and black penguins from „Kinder Surprise“, mood cards;

<p>What will I teach the child?</p>	<p>Listening and retelling the story, discussing – memory training, critical thinking, ability to say their own opinion and to hear the others thoughts. Playing with toys from Kinder Surprise – acting skills and empathy. Mood cards – to choose and to name emotion.</p>
<p>How do I set up the activity?</p>	<p>Encourage the children to listen carefully to the story from the book <i>The Blue Penguin</i> and look at the illustrations using PDF format of the book. To watch through computer it is easier for kids to see all illustrations and share the space.</p>
<p>What does the child do?</p>	<p>After reading this story couple of times, kids using illustrations are retelling the story, answer questions, discussing: <i>What is a good friend? With what friends do they want to play and to be friend? Why do they sometimes don't want to communicate with anyone? and ect.</i> Children created, retold, improvised the tale „Blue Penguin“ with a small penguins from „Kinder Surprise“ and they tried to empathize the blue penguin's situation. After this kids are filling a mood card: to draw a happy or sad face in the right place (next to lonely penguin or next to the penguin among his friends).</p>
<p>What will I see?</p>	<p>Critical way of thinking: kids has to see a problem, to understand a source of that problem and solve it. Friendly atmosphere in the group – talking about friendship and loneliness, kids are encouraged to share their thoughts about feelings. Perfect opportunity to see kid`s emotional world and experience.</p>



BLUE PENGUIN CLASS ACTIVITY



Moral Value: Empathy

Country: Lithuania

Activity Name: My body can paint

Resources needed: Paper, color paints, no need brushes - we are using our feets, hands and fingers

What will I teach the children?

Fine motor development, hand-eye coordination and control, finding shapes and lines; Stimulate children's skills of observation and discrimination; Initiate the development of thinking skills;

<p>How do I set up the activity?</p>	<p>An activity inspired by reading the children's book <i>The Blue Penguin</i>. Look through the book at some specific illustrations that show how the characters look like, their emotions and feelings.</p>
<p>What do the children do?</p>	<p>Feet and fingers are wonderful tools for painting as well as exploring the sense of touch. Using the tips of our fingers and feet dipped in to blue or black color paints, from which we created a penguin from the story. Kids are creating not from the picture, but using their imagination choosing different colors, shape or even paint a different surrounding.</p>
<p>What will I see?</p>	<p>Creative kids - creating illustrations of the story, making their own characters and situation. Kids' satisfaction and bravery - by using hands and feet for painting, it is not traditional art form.</p>



BLUE PENGUIN CLASS ACTIVITY



Moral Value: Empathy

Country: Lithuania

Activity Name: Puffy Paint Blue Penguin

Resources needed: blue or/ and black penguins made from cardstock paper, craft stick , shaving cream, white glue.

What will I teach the child?	Sensory and fine motor development.
How do I set up the activity?	Children are listening story and watching cartoons about Blue Penguin. We are talking about their appearance, trying to say name of the color and to body parts (like eyes, nose and so on.) Dancing the Penguins dance, trying to walk and act like a little penguin. To say his emotions happy or sad. Our task was to say what is missing and to color penguins belly with puffy paint, that he would be happy again.
What does the child do?	First of all children with teachers help made The Blue Penguin from blue or/and black cardstock adding paper eyes and nose. To make the puffy paint children mixed 1 cup of shaving cream and 1/2 cup of white glue together with a craft stick. The puffy paint should be like a thick

	marshmallow topping. The children applied the puffy paint to the penguins using either their fingers or craft sticks. The penguins took a while to dry because of the thickness of the paint.
What will I see?	Kid`s satisfaction - than they are making puffy paints; Interested in new things: e.g. animal – penguin, unusual activity. Proud kids of their work – pained penguin.



BLUE PENGUIN PARENT ACTIVITY



Moral Value: Responsibility

Country: Lithuania

Activity Name: Gardening „Friendship’s garden“

Resources needed: resources for gardening (soil, seeds, water, bowls)

<p>What will I teach the child?</p>	<p>Team work, hard work, to luck after plant and be responsible for it. Continuation from class activity to home.</p>
<p>How do I set up the activity?</p>	<p>We created opportunity for kids to learn about gardening, engaging their natural curiosity and wonder by providing inspiration, community know-how and resources. It was not only plant the seed, but to watch how it grows and share or make a present for other groups.</p>
<p>What does the child do?</p>	<p>By working together every group has to plant seeds of flowers and to take care of it: watching how it grows, water, make sure the Sun is in right position and so on. When it becomes a seedling, kids have to take it home and carry on of taking care of the plant: take photos how it grows, measure ant tell everyone in the Moring Cycle. Some of seedlings was a gift to other groups and kindergarten`s staff. Every kid is working by schedule.</p>
<p>What will I see?</p>	<p>A responsible kid to made a plant grow needs to work and be patient, to wait for his turn. If we are working together hard work became much faster and easier. Everyone knows that they have their duties and responsibilities. A pleasure to give something that you create.</p>



BLUE PENGUIN PARENT ACTIVITY



Moral Value: Self esteem

Country: Lithuania

Activity Name: Have you filled a bucket with kindness today?

Resources needed: „buckets“ with kids name attached on it, sticky notes:

<p>What will I teach the child?</p>	<p>Ability to recognise bad and wrong behaviour. To be proud of good work - self esteem.</p>
<p>How do I set up the activity?</p>	<p>Every day you encourage my child to do good work or to help somebody. Next morning you have to write it down on the sticker and put in to the "bucket". At first you can remind him about project „Have you filled a bucket with kindness today?“ but after some time he has to remember by himself to make a good work for others. To write it down every morning is a good motivator.</p>
<p>What does the child do?</p>	<p>He has to make a good unselfish work (to help, to share, to clean and so on.)</p>
<p>What will I see?</p>	<p>I will see a happy kid, thou is proud of his good works. Of core he has to learn that not everything can be by his plan, wrong things can happen also.</p>



BLUE PENGUIN PARENT ACTIVITY



Moral Value: Solidarity

Country: Lithuania

Activity Name: Charity for animal shelter „A Treat for“ Šiauliai Letenėlė”

Resources needed: Support for domestic animal (food or needed things)

<p>What will I teach the child?</p>	<p>I will teach my kid how is important to be part of community, that everyone can help for those who is in need. Children are learning by our example, so if we are showing mercy and kindness for others there are big chances that our kids will grow up better persons.</p>
<p>How do I set up the activity?</p>	<p>It is important to talk about “imperfect” part of the world: there are a lot of people (in this case animal`s shelter) in need and our help is important: there are poor, abandon, lost and lonely.</p>
<p>What does the child do?</p>	<p>Child is buying (with my help) food for cats and dogs, also and other things there are needed. We brought everything to Kindergartens organised charity for animal shelter “A Treat for “Šiauliai Letenėlė”. Charity evening was a good opportunity to show for my kid how many people are willing to help other without award. It was unselfish and kind work of all community.</p>

What will I see?

I will see how my kid is changing, and becomes more mature and grateful for all he has. Shows respect and care for those how are in need.



BLUE PENGUIN PARENT ACTIVITY



Moral Value: Respect

Country: Lithuania

Activity Name: Candles on the abandoned grave

Resources needed: candles, a lighter

<p>What will I teach the children?</p>	<p>To show respect for a dead is equally important as to respect for those who are alive. To introduce children with feelings, like „lost“, help them to feel silence and concentration.</p>
<p>How do I set up the activity?</p>	<p>To organize a trip to town`s cemetery. Talk about death and those who are gone, but left a mark in our life. Ask for everyone to bring a candle. Talk about behaviour and rules in the cemetery.</p>
<p>What do the children do?</p>	<p>Light a candle on the abandoned graves.</p>
<p>What will I see?</p>	<p>We will see how kids understand „lost“ and „death“, how are they understanding importance of take care of abandoned graves</p>



